

bengal®

BRASSERIE LISBURN RD.

for ala carte



FOOD ALLERGIES & INTOLERANCES INFORMATION:

Please be advised that food prepared at
Bengal may contain the following:
Cereals containing gluten, Peanuts, Nuts, Milk,
Soya, Mustard, Eggs, Fish, Crustaceans, Sesame Seeds,
Celery, Sulphur Dioxide

Please inform the Manager on duty of any allergies

HEAT SYMBOLS:

Starters

Bengal Tapas (for two to share) 16.95
The chef's selection of chicken, lamb, king prawn & vegetable dishes.
Allergens Advice: Contains Egg, Crustaceans

Mixed Vegetable Starter 7.75
An assortment of vegetable samosa, vegetable pakora, onion bhajia & side salad.
Allergens Advice: Contains Dairy (Yoghurt), Egg

Tikka 7.75
Diced lamb or chicken marinated in Bengali spices and cooked in our clay oven.
Allergens Advice: Contains Dairy (Yoghurt)

Onion Bhajee 6.95
Onions mixed with dried herbs and lentil flour, deep fried until golden brown.
Allergens Advice: Contains Egg

Samosa 6.95
Fresh puff pastry stuffed with fresh vegetables or lamb mince.
Allergens Advice: Contains Gluten (Gram Flour)

Garlic King Prawns 8.25
King Prawns cooked in garlic butter and fresh herbs.
Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

Sheek Kebab 6.95
Minced meat delicately spiced with fresh garlic, ginger, mint, coriander & green chillies.
Barbecued in tandoori oven.
Allergens Advice: Contains Dairy (Cheese), Egg

Chicken Pakora 6.95
Allergens Advice: Contains Egg

Vegetable Pakora 5.95
A selection of fresh seasonal vegetables flavoured with spices & green herbs,
dipped in a light lentil flour batter & fried until golden & crisp.
Allergens Advice: Contains Egg

Tandoori King Prawn 8.25
Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

Tandoori Monkfish 9.95
Marinated Monkfish cooked in tandoori oven.
Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

Starters

Tandoori Mix 8.25
Bengal's Tandoori prowess in one package. Chicken Tikka, Tandoori chicken,
Seekh Kebab and Tandoori jumbo prawns together with side salad and coriander & mint chutney.
Allergens Advice: Contains Dairy (Yoghurt), Egg, Crustaceans

Chicken | Lamb | King Prawn Purrie 8.25
King Prawn 1.00 extra
Delicately spiced, cooked with tomato, onion and green peppers, served on a pancake
type bread with a touch of tandoori sauce and sugar.
Allergens Advice: Contains Gluten, Crustaceans

Chicken Raj Kebab 7.50
Barbecued chicken, served on skewers, smothered in a rich creamy sauce
with tomato, onion & green pepper.
Allergens Advice: Contains Dairy (Yoghurt)

Tandoori Chicken 7.50
Marinated on the bone chicken cooked in tandoor.
Allergens Advice: Contains Dairy (Yoghurt)

Tandoori / Healthy Options

Monkfish Shashlick 22.45
Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers, served with salad and curry sauce.
Allergens Advice: Contains Dairy (Butter, Yoghurt)

Mixed Shashlick 21.45
A selection of lamb tikka, chicken tikka and tandoori king prawn chargrilled.
Served with a choice of sauce.
Allergens Advice: Contains Dairy (Yoghurt), Egg

Chicken Tikka 19.95
Marinated succulent chicken pieces, freshly cooked in a tandoori oven.
Allergens Advice: Contains Dairy (Yoghurt)

Tandoori King Prawn 21.45
King Prawns soaked in herbs and spices, barbecued in a tandoori oven (dry).
Allergens Advice: Contains Dairy (Yoghurt), Crustacean

Murghi Shashlick 20.45
Diced spring chicken marinated and cooked over charcoal with onion, tomato, mushroom and capsicum.
Allergens Advice: Contains Dairy (Butter, Yoghurt)

Tandoori Chicken 20.45
Spring chicken (on the bone) marinated in yoghurt with delicate herbs and spices.
Barbecued over flaming charcoal.
Allergens Advice: Contains Dairy (Yoghurt)

Sheek Kebab 19.45
Minced lamb pungently spiced with fresh garlic, ginger, mint, coriander and green chillies.
Grilled in tandoor.
Allergens Advice: Contains Dairy, Egg

Murg Mali Kebab 20.45
Chicken fillet marinated with yoghurt, cheese and cream, spiced with green cardamon.
Grilled in clay oven.
Allergens Advice: Contains Dairy (Yoghurt, Cheese, Cream), Egg, Tree Nuts

Paneer Shashlik 18.45
Paneer marinated and cooked over charcoal with onion, tomato, mushroom and capsicum.
Grilled in clay oven.
Allergens Advice: Contains Dairy (Butter, Yoghurt, Cheese)

Sea Bass Shashlik 22.95
Sea Bass marinated and cooked over charcoal with onion, tomato, mushroom and capsicum.
Allergens Advice: Contains Dairy (Butter, Yoghurt)

Mains

Jalfrezi Hot | Creamy — 19.45
Chicken or lamb cooked over charcoal flames, served with fresh chilli, onions, peppers & coriander, cooked in a rich spicy or creamy sauce.
Allergens Advice: Contains Dairy

Garlic Chilli — 19.45
Barbecued chicken or lamb cooked with fresh garlic, coriander and an aromatic spicy sauce.
Allergens Advice: Contains Dairy

Tikka Khazana — 19.45
Authentic Bengali spiced poultry, meat and king prawns cooked with diced onions, peppers & root ginger cooked in a medium spiced sauce.
Allergens Advice: Contains Dairy, Crustaceans

Chicken Jal-Jal — 19.45
Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, fresh coriander, a dash of worchestershire sauce and a touch of yoghurt.
Allergens Advice: Contains Dairy, Gluten

Kora-Hi — 19.45
Chicken or lamb cooked in a medium spicy sauce with root ginger, green peppers and onions.
Allergens Advice: Contains Dairy

Stir-Fried Chicken Roshnee — 19.45
Cooked with fresh garlic, ginger, onion, green chilli, tomato and curried black bean sauce.
Allergens Advice: Contains Dairy, Gluten

Lamb Chop — 27.45
Rack of lamb cooked with coriander and mint in our clay oven and served with mashed potatoes.
Allergens Advice: Contains Dairy

Achari Chicken — 19.45
Chicken cooked in fresh homemade chilli pickle sauce.
Allergens Advice: Contains Mustard, Contains Dairy

Chicken Tikka Balti — 19.45
Marinated chicken tikka pieces cooked with cubed onion, green peppers, tomatoes and green chillies in a spicy sauce.
Allergens Advice: Contains Dairy

Murgh Makhani — 19.45
Boneless Tandoori chicken simmered in a satin smooth, tomato gravy and butter.
Allergens Advice: Contains Dairy

Murg Methi Mali (Chef's Recommendation) — 19.45
Barbecued chicken cooked with creamy yoghurt and fenugreek sauce.
Allergens Advice: Contains Dairy

Hyderabadi Shanks — 23.95
Lamb Shanks spiced and seasoned with aromatic herbs & spices.
Allergens Advice: Contains Dairy

Mains

Chicken Tikka Chilli Masala 18.95
Chicken tikka chopped into small pieces, cooked with a fresh green chilli, onion, green pepper and tomatoes in a dry hot thick sauce garnished with fresh coriander and spring onion.
Allergens Advice: Contains Dairy (Cream, Butter), Tree Nuts (Cashews)

Fish & Seafood

Sea Bass 23.95
Marinated fillets of seabass, pan fried with light spices, served with mash potato, garden mint & sesame seed sauce.
Allergens Advice: Contains Dairy, Crustaceans

King Prawn Kora-Hi 21.45
Fresh Bengali king prawns cooked with diced onion and topped with homemade spicy sauce.
Allergens Advice: Contains Dairy, Crustaceans

King Prawn Jalfrezi Hot | Creamy 21.45
King prawn cooked over charcoal flames, served with fresh chilli, onions, peppers and coriander, cooked in a rich spicy or creamy sauce.
Allergens Advice: Contains Dairy, Crustaceans

Monkfish Jalfrezi Hot | Creamy 22.45
Monkfish cooked over a charcoal flame in a rich spicy garlic and ginger creamy or hot sauce with sliced onions and peppers.
Allergens Advice: Contains Dairy, Crustaceans

King Prawn Palok 21.95
King prawn simmered in spinach with mixed herbs and spices.
Allergens Advice: Contains Dairy, Contains Crustaceans

King Prawn Rogan Josh 21.45
King Prawn cooked in our special spice combination and cooked with tomatoes and onions, topped with tomato and creamy sauce.
Allergens Advice: Contains Dairy, Contains Crustaceans

King Prawn Dansak 21.45
King prawn cooked with lentils in our special tangy sweet and sour sauce.
Allergens Advice: Contains Dairy, Crustaceans

Monkfish Balti 22.45
Marinated Monkfish cooked with cubed onions, green peppers, tomatoes & green chillies in a spicy sauce
Allergens Advice: Contains Dairy, Crustaceans

Fish & Seafood

Tandoori Salmon 22.95
Marinated fillets of salmon, with light spices. Served on a pea & aloo bham.
Allergens Advice: Contains Dairy, Crustaceans

Tandoori King Prawn Balti 21.45
Marinated king prawns cooked with cubed onions, green peppers, tomatoes & green chillies in a spicy sauce.
Allergens Advice: Contains Dairy, Crustaceans

Goan Fish Curry 22.95
Monkfish cooked with roasted cumin and coriander seeds, whole red chilli and coconut milk.
Allergens Advice: Contains Dairy, Crustaceans

Prawn Methi Mali 21.45
Jumbo prawns cooked in coconut milk and aromatic sweet spices and fenugreek sauce.
Allergens Advice: Contains Dairy, Crustaceans

King Prawn Malabar 21.45
King prawn spiced with red chilli, mustard and curry leaves, cooked in coconut milk.
Allergens Advice: Contains Dairy, Crustaceans

Classics

Chicken Tikka Masala 20.45
Chicken cooked in a mild sauce with ground almonds and cream.
Allergens Advice: Contains Dairy, Tree Nuts (Cashews)

Chicken Punjabi Masala 20.45
Succulent chicken pieces cooked with tomato, onion, green pepper and a mild blend of spices in a smooth creamy sauce.
Allergens Advice: Contains Dairy, Tree Nuts

Lamb Punjabi Masala 20.45
Tender lamb pieces, mildly spiced, cooked with tomato, onion and green pepper in a rich creamy sauce.
Allergens Advice: Contains Dairy, Tree Nuts

Madras 19.45
Chicken or lamb cooked in mixed Indian herbs and spices in a fairly hot sauce.
Allergens Advice: Contains Dairy

Dupiaza 19.45
Chicken or lamb cooked in a rich aromatic onion sauce.
Allergens Advice: Contains Dairy

Pathia 19.45
Chicken or lamb cooked in a sweet and sour Persian sauce.
Allergens Advice: Contains Dairy

Chicken Tikka Korma 19.45
Barbecued chicken pieces cooked with mild spices in a fresh cream, coconut and almond sauce.
Allergens Advice: Contains Dairy, Tree Nuts (Almonds)

Classics

Dansak 19.45
Chicken or lamb with lentils in our chef's special tangy sweet and sour sauce.
Allergens Advice: Contains Dairy

Rogan Josh 19.45
Chicken or lamb marinated in Indian spices and cooked with tomatoes and onions, topped off with a creamy sauce.
Allergens Advice: Contains Dairy

Vindaloo 19.45
Chicken or lamb cooked in a very hot sauce.
Allergens Advice: Contains Dairy

Korma 19.45
Chicken or lamb delicately cooked in almond and coconut cream sauce.
Allergens Advice: Contains Dairy, Tree Nuts (Almonds)

Bhuna 19.45
Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander (thick sauce).
Allergens Advice: Contains Dairy

Curry 19.45
Cooked in a medium curry sauce
Allergens Advice: Contains Dairy

Tikka

Pathia 20.45

Rogan Josh 20.45

Bhuna 20.45

Dupiaza 20.45

Dansak 20.45

Allergens Advice: Contains Dairy

Biriyani

King Prawn 21.45
Fresh water king prawns cooked with selected herbs and spices and Basmati rice.
Served with a vegetable sauce.
Allergens Advice: Contains Dairy, Crustaceans

Lamb | Chicken 20.45/19.45
Diced lamb or chicken cooked with selected herbs and spices and Basmati Rice.
Served with a vegetable sauce.
Allergens Advice: Contains Dairy

Vegetable 18.45
Seasonally fresh vegetables cooked with selected herbs and spices and Basmati rice.
Served with a vegetable sauce.
Allergens Advice: Contains Dairy

Bengal Special 21.45
King prawn, diced chicken and lamb cooked with selected herbs and spices and Basmati Rice.
Served with a vegetable sauce.
Allergens Advice: Contains Dairy

Vegetarian

Vegetable Masala 16.45
Seasonal vegetables cooked in mixed spices and served in a mild sauce.
Allergens Advice: Contains Dairy, Tree Nuts

Vegetable Jalfrezi Hot | Creamy 16.45
Fresh seasonal vegetables cooked in a rich spicy garlic and ginger sauce.
Served with freshly sliced onions, peppers and chillies.
Allergens Advice: Contains Dairy

Nav-Rattan Korma 16.45
Fresh seasonal vegetables cooked with tropical fruits to form a delightfully light and tasty sauce.
Cherry and fruit cocktail.
Allergens Advice: Contains Dairy

Muttar Paneer 16.45
Homemade Indian cheese cooked with green peas and selected Bengali spices.
Allergens Advice: Contains Dairy (Milk, Cottage Cheese)

Palak Paneer 16.45
Homemade Indian cheese cooked with spinach and garlic.
Allergens Advice: Contains Dairy (Cottage Cheese)

Vegetable Jal-Jal 16.45
Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, fresh coriander, a dash of worchestershire sauce and a touch of yoghurt.
Allergens Advice: Contains Dairy, Gluten

Vegetarian

Garlic Chilli Vegetables 16.45
Cooked with cubed green peppers, onions and tomato in a hot garlic and chilli curry sauce.
Allergens Advice: Contains Dairy

Vegetable Korma 16.45
Fresh vegetables cooked with coconut, almond and fresh cream.
Allergens Advice: Contains Dairy

Vegetable Rogan Josh 16.45
Cooked with mixed Indian spices, tomatoes, green peppers, onions and herbs.
Topped with a creamy sauce (mild).
Allergens Advice: Contains Dairy

Vegetable Dansak 16.45
Cooked with lentils and pineapple and a touch of sweet and sour sauce.
Allergens Advice: Contains Dairy

Vegetable Bhuna 16.45
Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander (thick sauce).
Allergens Advice: Contains Dairy

** For Vegan options- Please ask server*

European Selection

10oz Sirloin Steak 25.45
Served with pepper sauce, chips, mushrooms and onions.
Allergens Advice: Contains Dairy

Honey Glazed Chicken 18.45
Served with salad and chips.
Allergens Advice: Contains Dairy

Kids

Chicken Nuggets With Chips 9.95
Allergens Advice: Contains Gluten (Wheat) Soya, Egg

Chicken Strips With Chips 9.95
Allergens Advice: Contains Gluten (Wheat) Soya, Egg

Chicken Tikka Masala With Rice 9.95
Allergens Advice: Contains Dairy, Tree Nuts (Cashews)

Chicken Korma With Rice 9.95
Allergens Advice: Contains Dairy, Tree Nuts (Almonds)

Chicken Curry With Rice 9.95
Allergens Advice: Contains Dairy

Sides

Bombay Aloo *(spiced potato)* *Allergens Advice: Contains Dairy*	8.95
Brinjal Bhaji *(aubergine)* *Allergens Advice: Contains Dairy*	8.95
Tarka Daal *(lentils)* *Allergens Advice: Contains Dairy*	8.95
Aloo Gobi *(potato & cauliflower)* *Allergens Advice: Contains Dairy*	8.95
Chana Bhaji *(chickpeas)* *Allergens Advice: Contains Dairy*	8.95
Palak Paneer *(cheese & spinach)* *Allergens Advice: Contains Dairy (Cottage Cheese)*	8.95
Chana Masala *(chickpeas)* *Allergens Advice: Contains Dairy*	8.95
Saag Aloo *(spinach & potato)* *Allergens Advice: Contains Dairy*	8.95

Rice

Pilau Rice *Allergens Advice: Contains Dairy (Butter)*	3.95
Boiled Rice *Allergens Advice: Allergen Free*	3.50
Chana Rice *Allergens Advice: Allergen Free*	4.50
Egg Fried Rice *Allergens Advice: Contains Dairy (Butter), Egg*	4.50
Mushroom Rice *Allergens Advice: Contains Dairy (Butter)*	4.25
Keema Rice *Allergens Advice: (Butter)*	4.25

Sundries

Poppadom	0.95
Chips	3.50
Mango Chutney	0.95
Mix Pickle	0.95
Raita	1.95
Mint Sauce	0.95

Allergens Advice: Please ask server for details

Bread

Plain Naan 3.50
Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg

Garlic Naan 3.75
Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg

Keema Naan 3.95
Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg

Peshwari Naan 3.95
Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg, Tree Nuts (Almonds)

Chilli & Coriander Naan 3.75
Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg

Cheese Naan 3.75
Allergens Advice: Contains Gluten (Wheat), Dairy (Milk, Cheese), Egg

Tandoori Roti 2.50
Allergens Advice: Contains Gluten (Wheat)

Paratha 3.75
Allergens Advice: Contains Gluten (Wheat), Dairy (Butter)

Aloo Paratha 3.95
Allergens Advice: Contains Gluten (Wheat), Dairy (Butter)



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Opening Hours:
Mon - Sat: 12.00pm - 1.45pm & 5.00pm - 11.00pm
Sun: 4.30pm - 10.00pm