

The content of the Lisburn Road menu is a careful combination of the Indian Region's dishes chosen for their amazing flavour and where possible local produce selected for its freshness and quality. All dishes are individually prepared to order We would be happy to adjust the spice level of any dish on request.

FOOD ALLERGIES & INTOLERANCES INFORMATION:

Please be advised that food prepared at Bengal may contain the following:

Cereals containing gluten, Peanuts, Nuts, Milk, Soya, Mustard, Eggs, Fish, Crustaceans, Sesame Seeds, Celery, Sulphur Dioxide.

Traces of nuts can be found in all dishes.

Please inform the Manager on duty of any allergies.

Chicken Tikka 4.95 Sliced spring chicken breast marinated in Bengali spices, cooked in the traditional tandoor for an authentic chargrilled taste.

Assorted Vegetable Starter 4.95 Onion bhajee, pakora and vegetable samosa.

Kina Prawn Purrie 6.95 Lightly seasoned freshwater Malaysian king prawns presented on a crispy pastry base with a traditional sauce.

Lamb Tikka Sliced tender lamb marinated in Bengali spices, cooked in the traditional tandoor for an authentic chargrilled taste.

Seekh Kebab 5.95 Minced lamb delicately spiced with fresh garlic, ginger, mint, coriander and green chillies, grilled in

5.95 Tandoori Chicken On the bone spring chicken marinated in yoghurt with herbs and spices, barbecued over flaming charcoal.

Onions flavoured with an array of herbs and spices bound together with lentil flour, fried until golden and

Vegetable Pakora A selection of fresh seasonal vegetables flavoured with spices and green herbs dipped in a light lentil flour batter and fried until golden and crisp.

Your choice of vegetable or meat fillings lightly spiced and wrapped in a deep fried filo parcel.

Chicken / Lamb Purrie 4.95 Sliced chicken breast marinated and cooked in a spicy sweet and sour sauce.

Chicken Pakora Lightly spiced strips of chicken breast lightly battered in lentil flour and deep fried until crisp and golden.

House Starter Selection A small selection of pakora, onion bhaji, minced samosa, chicken tikka and lamb tikka, served with salad.

Barbecued cubed chicken or lamb, served on skewers, smothered in a rich creamy sauce with tomato, onion and green pepper.

Tandoori Monkfish Marinated monkfish cooked in tandoor oven served with

5.75 Tandoori Mix

Chef's Decommendations

Karahi Chicken OR Lamb 11.50 Your choice of meat with green peppers, root ginger onions and selected spices to create a rich, aromatic & spicy sauce.

11.50 Chicken breast marinated in tamarind and a sauce consisting of coriander, onions, green peppers and scallions.

Tender slices of lamb marinated in Assammese herbs, cooked in an almond and cream sauce.

Lamb Tikka OR Chicken Tikka Bhuna Your choice of meat marinated then cooked in the tandoor, shredded and finished in a spicy sauce with onions and

Lamb OR Chicken Tikka Masala Your choice of meat cooked in pure ghee with 11.50 ground almonds, tomatoes, fresh cream and saffron. A modern day classic.

Garlic Chilli Chicken 11.50 Tender chicken breast combined with garlic, cumin & chilli to create an aromatic and spicy dish.

Chicken Special
Chunks of tender spring chicken breast marinated in
Syl-Heti spices and cooked gently with an assortment 11.50 of tropical fruits.

Lamb OR Chicken Kashmir 11.50 Your choice of meat delicately seasoned and spiced combined with fresh banana and cream.

Shahi Korma 11.50 Barbecued chicken breast spiced, sliced and served in an almond and coconut cream sauce.

Chicken OR Lamb Jalfrezi 11.50 Your choice of meat covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.

Chicken OR Lamb Methi 11.50 Your choice of meat spiced with cumin, coriander, turmericand fenugreek to form a rich & delicious sauce.

Chicken OR Lamb Punjabi Masala Your choice of meat cooked with tomato, onion, green peppers and a mild blend of spices in a creamy sauce.

13.95 Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick sauce.

11.50 Chicken ○R Lamb Rusonee Your choice of meat cooked with cubed green peppers and garlic cloves into hot sauce with green chill

Chicken ○R Lamb Balti Highly spiced with chopped green peppers, onion, 11.50 green chilli and fresh coriander.

*Murg Methi Malai*Barbecued chicken cooked with creamy yoghurt 11.50 & fenugreek sauce.

Goan Fish Curry
Monkfish cooked with roasted cumin and coriander 13.95 seeds, whole red chilli and coconut milk

11.50 Chicken Tikka Makani Very mild and creamy.

Chicken Pasanda 11.50 Chicken breast marinated in Assammese herbs and spices, sliced and cooked in the tandoor, garnished with almonds and coconut cream.

- From the Vandsor

All meats are first marinated in homemade natural yoghurt, Syl-Heti herbs and spices to maximise taste and tenderness afterwards, cooked in a traditional clay oven, the tandoor and served with a sauce.

12.95
13.95
12.95
12.95
12.95

12.95 Mixed Platter Chicken tikka, tandoori chicken, sheek kebab & tandoori prawns.

Tandoori Monkfish Shaslik 14.50 Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers, served with salad and curry sauce.

All Vine Favourites

All of the below classic dishes can be served with the following meats:

Chicken	10.95
Chicken Tikka	11.95
Lamb	11.25
King Prawn	12.95

Curry

Madras Fairly hot.

Vindaloo Hotter again.

Extremely hot, only for the experienced!

coriander sauce.

Cooked in a richly flavoured onion, garlic, turmeric &

Dopiaza

Cooked with chunky onions and a thick sauce.

Pathia Hot sweet and sour sauce.

Dansak Lentils in our special tangy sweet and sour sauce.

Delicately spiced with coconut and almond (mild).

Saag Cooked with spinach, fresh herbs and garlic.

Marinated in our special spice combination and cooked with tomatoes and onions.





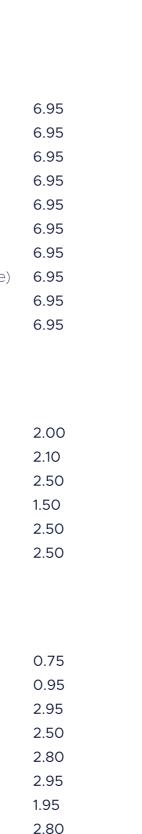
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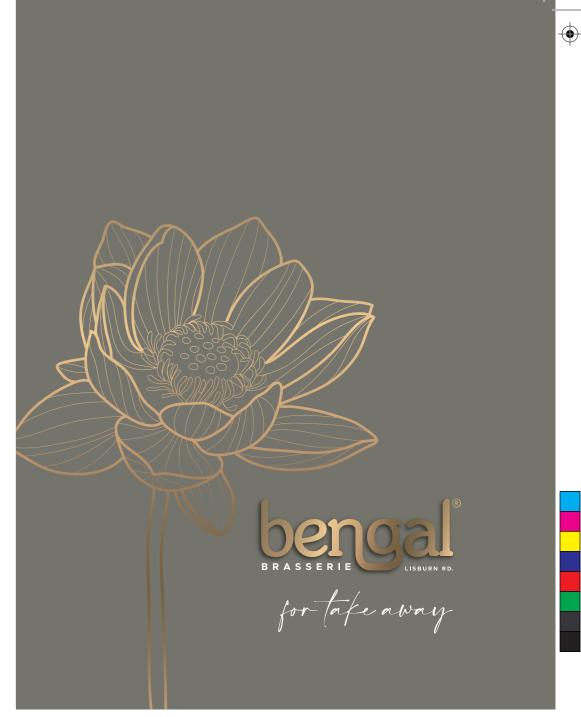






2.80

0.95



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Opening Hours: Sun: 4.30pm - 10.00pm Lunch: 2 course: £14.95 Mon -Sat: 12.00pm - 1.45pm & 5.00pm -1 1.00pm Pre Theatre: 2 course: £23.95 Mon - Thurs: 5.00pm-7.00pm



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