



bengal[®]
BRASSERIE LISBURN RD.

for ala carte



FOOD ALLERGIES & INTOLERANCES INFORMATION:

Please be advised that food prepared at Bengal may contain the following:
Cereals containing gluten, Peanuts, Nuts, Milk, Soya, Mustard, Eggs, Fish, Crustaceans, Sesame Seeds, Celery, Sulphur Dioxide

Please inform the Manager on duty of any allergies

HEAT SYMBOLS:



MILD



MEDIUM



HOT



HOT HOT



VEGETARIAN



VEGAN



GLUTEN FREE

Starters

Bengal Tapas (for two to share) 🐘

The chef's selection of chicken, lamb, king prawn & vegetable dishes.

Allergens Advice: Contains Egg, Crustaceans

16.50

Mixed Vegetable Starter 🐘

An assortment of vegetable samosa, vegetable pakora, onion bhajia & side salad.

Allergens Advice: Contains Dairy (Yoghurt), Egg

7.25

Tikka 🐘

Diced lamb or chicken marinated in Bengali spices and cooked in our clay oven.

Allergens Advice: Contains Dairy (Yoghurt)

7.25

Onion Bhajee

Onions mixed with dried herbs and lentil flour, deep fried until golden brown.

Allergens Advice: Contains Egg

5.95

Samosa 🐘

Fresh puff pastry stuffed with fresh vegetables or lamb mince.

Allergens Advice: Contains Gluten (Gram Flour)

5.95

Garlic King Prawns

King Prawns cooked in garlic butter and fresh herbs.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

7.95

Sheek Kebab 🐘

Minced meat delicately spiced with fresh garlic, ginger, mint, coriander & green chillies.

Barbecued in tandoori oven.

Allergens Advice: Contains Dairy (Cheese), Egg

6.95

Chicken Pakora 🐘

Delicately spiced chicken with garlic and ginger, deep fried in gram flour.

Allergens Advice: Contains Egg

6.95

Vegetable Pakora

A selection of fresh seasonal vegetables flavoured with spices & green herbs, dipped in a light lentil flour batter & fried until golden & crisp.

Allergens Advice: Contains Egg

5.95

Tandoori King Prawn 🐘

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

7.95

Tandoori Monkfish 🐘

Marinated Monkfish cooked in tandoori oven.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

8.95

Starters

Tandoori Mix 🍗

Bengal's Tandoori prowess in one package. Chicken Tikka, Tandoori chicken, Seekh Kebab and Tandoori jumbo prawns together with side salad and coriander & mint chutney.

Allergens Advice: Contains Dairy (Yoghurt), Egg, Crustaceans

7.95

Chicken | Lamb | King Prawn Purrie 🍗

King Prawn

Delicately spiced, cooked with tomato, onion and green peppers, served on a pancake type bread with a touch of tandoori sauce and sugar.

Allergens Advice: Contains Gluten, Crustaceans

7.25

1.00 extra

Chicken Raj Kebab 🍗

Barbecued chicken, served on skewers, smothered in a rich creamy sauce with tomato, onion & green pepper.

Allergens Advice: Contains Dairy (Yoghurt)

6.95

Tandoori Chicken 🍗

Marinated on the bone chicken cooked in tandoor.

Allergens Advice: Contains Dairy (Yoghurt)

6.95

Tandoori

Monkfish Shashlick 🍖

Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers, served with salad and curry sauce.

Allergens Advice: Contains Dairy (Butter, Yoghurt)

20.95

Mixed Shashlick 🍖

A selection of lamb tikka, chicken tikka and tandoori king prawn chargrilled. Served with a choice of sauce.

Allergens Advice: Contains Dairy (Yoghurt), Egg

19.95

Chicken Tikka 🍖

Marinated succulent chicken pieces, freshly cooked in a tandoori oven.

Allergens Advice: Contains Dairy (Yoghurt)

18.50

Tandoori King Prawn 🍤

King Prawns soaked in herbs and spices, barbecued in a tandoori oven (dry).

Allergens Advice: Contains Dairy (Yoghurt), Crustacean

19.95

Murghi Shashlick 🍖

Diced spring chicken marinated and cooked over charcoal with onion, tomato, mushroom and capsicum.

Allergens Advice: Contains Dairy (Butter, Yoghurt)

18.95

Tandoori Chicken 🍖

Spring chicken (on the bone) marinated in yoghurt with delicate herbs and spices. Barbecued over flaming charcoal.

Allergens Advice: Contains Dairy (Yoghurt)

18.95

Sheek Kebab 🍖

Minced lamb pungently spiced with fresh garlic, ginger, mint, coriander and green chillies. Grilled in tandoor.

Allergens Advice: Contains Dairy, Egg

17.95

Murg Mali Kebab 🍖

Chicken fillet marinated with yoghurt, cheese and cream, spiced with green cardamon. Grilled in clay oven.

Allergens Advice: Contains Dairy (Yoghurt, Cheese, Cream), Egg, Tree Nuts

18.95

Paneer Shashlik

Paneer marinated and cooked over charcoal with onion, tomato, mushroom and capsicum. Grilled in clay oven.

Allergens Advice: Contains Dairy (Butter, Yoghurt, Cheese)

16.95

Sea Bass Shashlik

Sea Bass marinated and cooked over charcoal with onion, tomato, mushroom and capsicum.

Allergens Advice: Contains Dairy (Butter, Yoghurt)

21.50

Mains

Jalfrezi Hot 🍲 Creamy 🍲 Chicken or lamb cooked over charcoal flames, served with fresh chilli, onions, peppers & coriander, cooked in a rich spicy or creamy sauce. <i>Allergens Advice: Allergen Free</i>	17.95
Garlic Chilli 🍲 Barbecued chicken or lamb cooked with fresh garlic, coriander and an aromatic spicy sauce. <i>Allergens Advice: Contains Dairy</i>	17.95
Tikka Khazana 🍲 Authentic Bengali spiced poultry, meat and king prawns cooked with diced onions, peppers & root ginger cooked in a medium spiced sauce. <i>Allergens Advice: Contains Dairy (Cream, Butter), Crustaceans</i>	17.95
Chicken Jal-Jal 🍲 Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, fresh coriander, a dash of worchestershire sauce and a touch of yoghurt. <i>Allergens Advice: Contains Dairy (Yoghurt), Gluten</i>	17.95
Kora-Hi 🍲 Chicken or lamb cooked in a medium spicy sauce with root ginger, green peppers and onions. <i>Allergens Advice: Allergen Free</i>	17.95
Stir-Fried Chicken Roshnee 🍲 Cooked with fresh garlic, ginger, onion, green chilli, tomato and curried black bean sauce. <i>Allergens Advice: Contains Dairy (Yoghurt), Gluten</i>	17.95
Lamb Chop 🍲 Rack of lamb cooked with coriander and mint in our clay oven and served with lightly spiced green masala sauce and mashed potatoes. <i>Allergens Advice: Contains Dairy (Yoghurt)</i>	25.95
Achari Chicken 🍲 Chicken cooked in fresh homemade chilli pickle sauce. <i>Allergens Advice: Contains Mustard</i>	17.95
Chicken Tikka Balti 🍲 Marinated chicken tikka pieces cooked with cubed onion, green peppers, tomatoes and green chillies in a spicy sauce. <i>Allergens Advice: Allergen Free</i>	17.95
Murgh Makhani 🍲 Boneless Tandoori chicken simmered in a satin smooth, tomato gravy and butter. <i>Allergens Advice: Contains Dairy (Butter)</i>	17.95
Murg Methi Mali (Chef's Recommendation) 🍲 Barbecued chicken cooked with creamy yoghurt and fenugreek sauce. <i>Allergens Advice: Contains Dairy (Yoghurt)</i>	17.95
Hyderabadi Shanks 🍲 Lamb Shanks spiced and seasoned with aromatic herbs & spices. <i>Allergens Advice: Allergen Free</i>	22.50

Mains

Chicken Tikka Chilli Masala 🍗

17.50

Chicken tikka chopped into small pieces, cooked with a fresh green chilli, onion, green pepper and tomatoes in a dry hot thick sauce garnished with fresh coriander and spring onion.

Allergens Advice: Contains Dairy (Cream, Butter), Tree Nuts (Cashews)

Fish & Seafood

Sea Bass 🐟

22.50

Marinated fillets of seabass, pan fried with light spices, served with mash potato, garden mint & sesame seed sauce.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

King Prawn Kora-Hi 🍤

19.95

Fresh Bengali king prawns cooked with diced onion and topped with homemade spicy sauce.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

King Prawn Jalfrezi Hot 🍋 | Creamy 🍋

19.95

King prawn cooked over charcoal flames, served with fresh chilli, onions, peppers and coriander, cooked in a rich spicy or creamy sauce.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

Monkfish Jalfrezi Hot 🍋 | Creamy 🍋

20.95

Monkfish cooked over a charcoal flame in a rich spicy garlic and ginger creamy or hot sauce with sliced onions and peppers.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

King Prawn Palok 🍤

20.50

King prawn simmered in spinach with mixed herbs and spices.

Allergens Advice: Contains Crustaceans

King Prawn Rogan Josh 🍋

19.95

King Prawn cooked in our special spice combination and cooked with tomatoes and onions, topped with tomato and creamy sauce.

Allergens Advice: Contains Crustaceans

King Prawn Dansak 🍋

19.95

King prawn cooked with lentils in our special tangy sweet and sour sauce.

Allergens Advice: Contains Dairy, Crustaceans

Monkfish Balti

20.95

Marinated Monkfish cooked with cubed onions, green peppers, tomatoes & green chillies in a spicy sauce

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

Fish & Seafood

Tandoori Salmon 🍲

Marinated fillets of salmon, with light spices. Served on a pea & aloo bham.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

21.50

Tandoori King Prawn Balti 🍲

Marinated king prawns cooked with cubed onions, green peppers, tomatoes & green chillies in a spicy sauce.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

19.95

Goan Fish Curry 🍲

Monkfish cooked with roasted cumin and coriander seeds, whole red chilli and coconut milk.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

21.50

Prawn Methi Mali 🍲

Jumbo prawns cooked in coconut milk and aromatic sweet spices and fenugreek sauce.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

19.95

King Prawn Malabar 🍲

King prawn spiced with red chilli, mustard and curry leaves, cooked in coconut milk.

Allergens Advice: Contains Dairy (Yoghurt), Crustaceans

19.95

Classics

Chicken Tikka Masala 🍲

Chicken cooked in a mild sauce with ground almonds and cream.

Allergens Advice: Contains Dairy (Cream, Butter), Tree Nuts (Cashews)

18.95

Chicken Punjabi Masala 🍲

Succulent chicken pieces cooked with tomato, onion, green pepper and a mild blend of spices in a smooth creamy sauce.

Allergens Advice: Contains Dairy, Tree Nuts

18.95

Lamb Punjabi Masala 🍲

Tender lamb pieces, mildly spiced, cooked with tomato, onion and green pepper in a rich creamy sauce.

Allergens Advice: Contains Dairy, Tree Nuts

18.95

Madras 🍲

Chicken or lamb cooked in mixed Indian herbs and spices in a fairly hot sauce.

Allergens Advice: Contains Dairy

17.95

Dopiaza 🍲

Chicken or lamb cooked in a rich aromatic onion sauce.

Allergens Advice: Contains Contains Dairy (Cream, Butter), Tree Nuts (Cashew Nuts, Almond)

17.95

Pathia 🍲

Chicken or lamb cooked in a sweet and sour Persian sauce.

Allergens Advice: Contains Mustard, Celery

17.95

Chicken Tikka Korma 🍲

Barbecued chicken pieces cooked with mild spices in a fresh cream, coconut and almond sauce.

Allergens Advice: Contains Dairy (Cream, Butter), Tree Nuts (Almonds)

17.95

Classics

Dansak 🐘

Chicken or lamb with lentils in our chef's special tangy sweet and sour sauce.

Allergens Advice: Allergen Free

17.95

Rogan Josh 🐘

Chicken or lamb marinated in Indian spices and cooked with tomatoes and onions, topped off with a creamy sauce.

Allergens Advice: Contains Dairy (Cream)

17.95

Vindaloo 🐘🐘

Chicken or lamb cooked in a very hot sauce.

Allergens Advice: Allergen Free

17.95

Korma 🐘

Chicken or lamb delicately cooked in almond and coconut cream sauce.

Allergens Advice: Contains Dairy (Cream, Butter), Tree Nuts (Almonds)

17.95

Bhuna 🐘

Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander (thick sauce).

Allergens Advice: Allergen Free

17.95

Curry 🐘

Cooked in a medium curry sauce

Allergens Advice: Contains Dairy

17.95

Tikka

Pathia

18.95

Rogan Josh

18.95

Bhuna

18.95

Dopiazza

18.95

Dansak

18.95

Biryani

King Prawn 🦐

Fresh water king prawns cooked with selected herbs and spices and Basmati rice.
Served with a vegetable sauce.

Allergens Advice: Contains Dairy (Butter), Crustaceans

19.95

Lamb / Chicken 🐑

Diced lamb or chicken cooked with selected herbs and spices and Basmati Rice.
Served with a vegetable sauce.

Allergens Advice: Contains Dairy (Butter)

18.95/17.95

Vegetable 🥬

Seasonally fresh vegetables cooked with selected herbs and spices and Basmati rice.
Served with a vegetable sauce.

Allergens Advice: Contains Dairy (Buter)

16.95

Bengal Special 🐑

King prawn, diced chicken and lamb cooked with selected herbs and spices and Basmati Rice.
Served with a vegetable sauce.

Allergens Advice: Contains Dairy (Butter)

19.95

Vegetarian

Vegetable Masala 🥬🥬

Seasonal vegetables cooked in mixed spices and served in a mild sauce.

Allergens Advice: Contains Dairy, Tree Nuts

14.95

Vegetable Jalfrezi 🥬🌶️ Hot 🌶️ | Creamy 🥬

Fresh seasonal vegetables cooked in a rich spicy garlic and ginger sauce.
Served with freshly sliced onions, peppers and chillies.

Allergens Advice: Allergen Free

14.95

Nav-Rattan Korma 🥬🥬

Fresh seasonal vegetables cooked with tropical fruits to form a delightfully light and tasty sauce.
Cherry and fruit cocktail.

Allergens Advice: Contains Dairy

14.95

Muttar Paneer 🥬🥬

Homemade Indian cheese cooked with green peas and selected Bengali spices.

Allergens Advice: Contains Dairy (Milk, Cottage Cheese)

14.95

Palak Paneer 🥬🥬

Homemade Indian cheese cooked with spinach and garlic.

Allergens Advice: Contains Dairy (Cottage Cheese)

14.95

Vegetable Jal-Jal 🥬🥬

Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, fresh coriander,
a dash of worchestershire sauce and a touch of yoghurt.

Allergens Advice: Contains Dairy (Yoghurt), Gluten

14.95

Vegetarian

Garlic Chilli Vegetables 🍅🥬

Cooked with cubed green peppers, onions and tomato in a hot garlic and chilli curry sauce.

Allergens Advice: Contains Dairy

14.95

Vegetable Korma 🍅🥬

Fresh vegetables cooked with coconut, almond and fresh cream.

Allergens Advice: Contains Dairy (Cream)

14.95

Vegetable Rogan Josh 🍅🥬

Cooked with mixed Indian spices, tomatoes, green peppers, onions and herbs.

Topped with a creamy sauce (mild).

Allergens Advice: Contains Dairy (Cream)

14.95

Vegetable Dansak 🍅🥬

Cooked with lentils and pineapple and a touch of sweet and sour sauce.

Allergens Advice: Allergen Free

14.95

Vegetable Bhuna 🍅🥬

Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander (thick sauce).

Allergens Advice: Allergen Free

14.95

European Selection

10oz Sirloin Steak

Served with pepper sauce, chips, mushrooms and onions.

Allergens Advice: Contains Dairy

23.95

Honey Glazed Chicken

Served with salad and chips.

Allergens Advice: Contains Dairy

16.95

Kids

Chicken Nuggets With Chips

Allergens Advice: Contains Gluten (Wheat) Soya, Egg

9.95

Chicken Strips With Chips

Allergens Advice: Contains Gluten (Wheat) Soya, Egg

9.95

Chicken Tikka Masala With Rice

Allergens Advice: Contains Dairy, Tree Nuts (Cashews)

9.95

Chicken Korma With Rice

Allergens Advice: Contains Dairy, Tree Nuts (Almonds)

9.95

Chicken Curry With Rice

Allergens Advice: Allergen Free

9.95

Sides

Bombay Aloo (spiced potato) 🐘🐘

Allergens Advice: Allergen Free

7.95

Brinjal Bhaji (aubergine) 🐘🐘

Allergens Advice: Allergen Free

7.95

Tarka Daal (lentils) 🐘🐘

Allergens Advice: Contains Dairy (Butter)

7.95

Aloo Gobi (potato & cauliflower) 🐘🐘

Allergens Advice: Allergen Free

7.95

Bhindi Bhaji (okra) 🐘🐘

Allergens Advice: Allergen Free

7.95

Palak Paneer (cheese & spinach) 🐘🐘

Allergens Advice: Contains Dairy (Cottage Cheese)

7.95

Chana Masala (chickpeas) 🐘🐘

Allergens Advice: Allergen Free

7.95

Saag Aloo (spinach & potato) 🐘🐘

Allergens Advice: Allergen Free

7.95

Rice

Pilau Rice

Allergens Advice: Contains Dairy (Butter)

2.95

Boiled Rice

Allergens Advice: Allergen Free

2.75

Chana Rice

Allergens Advice: Allergen Free

3.50

Egg Fried Rice

Allergens Advice: Contains Dairy (Butter), Egg

3.50

Mushroom Rice

Allergens Advice: CContains Dairy (Butter), Egg

3.50

Sundries

Poppadom	0.95
Chips	2.95
Mango Chutney	0.95
Mix Pickle	0.95
Raita	1.95
Mint Sauce	0.95

Bread

Plain Naan	2.95
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg</i>	
Garlic Naan	3.25
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg</i>	
Keema Naan	3.50
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg</i>	
Peshwari Naan	3.50
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg, Tree Nuts (Almonds)</i>	
Chilli & Coriander Naan	2.95
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Milk), Egg</i>	
Cheese Naan	3.50
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Milk, Cheese), Egg</i>	
Tandoori Roti	1.95
<i>Allergens Advice: Contains Gluten (Wheat)</i>	
Paratha	3.25
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Butter)</i>	
Aloo Paratha	3.50
<i>Allergens Advice: Contains Gluten (Wheat), Dairy (Butter)</i>	



322 Lisburn Road, Belfast BT9 6GH

E: hello@bengalbrasserieuk.com

W: www.bengalbrasserieuk.com

Opening Hours:

Mon - Sat: 12.00pm - 1.45pm & 5.00pm - 11.00pm

Sun: 4.30pm - 10.00pm