

Biryani Dishes

All of our Biryani dishes are cooked with specially selected Basmati rice, accompanied with a seasonal mixed vegetable curry sauce.

Bengal Special Biryani	£9.95
A combination of sliced lamb, chicken breast, prawn and fresh vegetables.	
King Prawn Biryani	£9.95
Chicken Biryani	£8.95
Chicken Tikka Biryani	£8.95
Lamb Biryani	£8.95
Vegetable Biryani	£8.50

Lamb Dishes

Lamb Curry	£6.95
Lamb Madras	£7.25
Cooked in hot curry sauce.	
Lamb Vindaloo	£7.25
Hotter again.	
Lamb Paal	£7.25
Extremely hot.	
Lamb Bhuna	£7.25
Tender pieces of lamb sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.	
Lamb Dupiaza	£7.25
Tender pieces of lamb cooked with chunky onion and thick sauce.	
Lamb Pathia	£7.25
Tender pieces of lamb in a tangy hot sweet and sour sauce.	
Lamb Dansak	£7.25
Tender pieces of lamb with lentils in our special sweet and sour sauce.	
Lamb Korma	£7.25
Delicately spiced and sliced tender peices of lamb cooked with almonds and cream.	
Lamb Saag	£7.25
Tender pieces of lamb sliced and cooked with spinach, fresh herbs and garlic.	
Lamb Rogan Josh	£7.25
Tender pieces of lamb sliced and marinated in our special spice combination, cooked with tomatoes and onions.	

King Prawn Dishes

King Prawn Madras	£8.75
King Prawn Korma	£8.75
King Prawn Pathia	£8.75
King Prawn Palak	£8.75
King Prawn Bhuna	£8.75
King Prawn Dansak	£8.75
King Prawn Jalfrezie (mild) (hot)	£8.75
King Prawn Dupiaza	£8.75

Vegetarian Dishes

Vegetable Curry	£6.50
Vegetable Madras (Fairly hot)	£6.50
Vegetable Masala	£6.50
A mixed seasonally fresh vegetables combination cooked in vegetable ghee, ground almonds, tomatoes, fresh cream and saffron, a modern day classic.	
Muttar Panir	£6.50
Homemade cheese with garden peas, stir fried with traditional spices.	
Saag Panir	£6.50
Homemade cheese and spinach stir fried in traditional spices.	
Vegetable Dansak	£6.50
A selection of seasonally fresh vegetables with added lentils in a sweet and sour sauce.	
Vegetable Pathia	£6.50
A selection of seasonally fresh vegetables cooked in hot, sweet and sour sauce.	
Vegetable Dupiaza	£6.50
A selection of seasonally fresh vegetables, chunky onions, cooked in a rich aromatic thick onion sauce.	
Vegetable Jalfrezie (mild) (hot)	£6.50
A selection of seasonally fresh vegetables covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	
Vegetable Korma (mild)	£6.50
Muttar Methi Malai	£6.50
Green peas cooked with creamy yoghurt and fenugreek sauce.	

Side Dishes

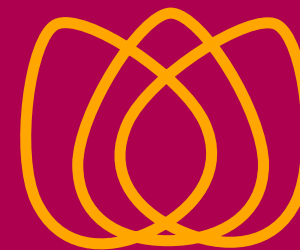
Bai Gan Bhajee (aubergine)	£3.50
Aloo Gobi (potato and cauliflower)	£3.50
Vegetable Bhajee (mixed vegetables)	£3.50
Tarka Dall (lentils)	£3.50
Bombay Aloo (potato)	£3.50
Chana Bhajee (chickpeas)	£3.50
Saag Aloo (potato and spinach)	£3.50
Saag Paneer (spinach and homemade cheese)	£3.50
Bhindi Bhajee	£3.50
Mushroom Bhajee	£3.50

Sundries

Boiled Rice	£2.00
Pilau Rice	£2.10
Special Fried Rice	£2.50
Mixed Raitha (yoghurt)	£1.50
Chips	£2.20
Mushroom Rice	£2.50

Homemade Breads

Popadoms (plain or spicy)	£0.50
Onion Salad	£0.75
Dips & Chutneys	£1.75
Plain Nan	£2.10
Cheese Nan	£2.30
Peshwari Nan (sweet)	£2.50
Tandoori Roti	£1.75
Garlic Nan	£2.30
Garlic and Coriander Nan	£2.50
Mango Chutney	£0.95



bengal

BRASSERIE

take away menu

Lisburn Road

Collections only

028 9068 2999

Lunch 12.00pm - 1.45pm £6.95 (Mon - Sat)

Pre-Theatre 5.00pm - 7.00pm (Mon Thurs) Sit-In

Two course £12.95 Three course £14.95

Orders over £35.00 receive a complimentary bottle of wine (while stocks last) (Take Away only) Some dishes may contain nuts

Opening Hours:

Mon - Sat: 12.00pm - 1.45pm & 5.00pm - 11.00pm
Sun: 4.30pm - 10.00pm

322 Lisburn Road, Belfast BT9 6GH

Email: info@bengalbrasserieuk.com

Web: www.bengalbrasserieuk.com

Food Allergies and Intolerances Information:

Please be advised that food prepared at Bengal may contain the following:

Cereals containing gluten, Peanuts, Nuts, Milk, Soya, Mustard,
Eggs, Fish, Sesame Seeds, Celery, Sulphur Dioxide.

Please inform the Manager on duty of any allergies.

Bengal Brasserie

The content of the Lisburn Road menu is a careful combination of the Indian Region's dishes chosen for their amazing flavour and where possible local produce selected for its freshness and quality. All dishes are individually prepared to order. We would be happy to adjust the spice level of any dish on request.

Starters

Chicken Tikka	£3.50
Sliced spring chicken breast marinated in Bengali spices cooked in the traditional tandoor for an authentic char-grilled taste.	
Assorted Vegetable Starter	£3.95
Onion bhajee, pakora and vegetable samosa.	
King Prawn Purrie	£4.75
Lightly seasoned freshwater Malaysian king prawns presented on a crispy pastry base with a traditional sauce.	
Lamb Tikka	£3.95
Sliced tender lamb marinated in Bengali spices, cooked in the traditional tandoor for an authentic char-grilled taste.	
Sheek Kebab	£3.95
Minced lamb delicately spiced with fresh garlic, ginger, mint, corriander and green chillies, grilled in tandoor.	
Tandoori Chicken	£3.95
On the bone spring chicken marinated in yoghurt with herbs and spices, barbecued over flaming charcoal.	
Onion Bhaji	£2.95
Onions flavoured with an array of herbs and spices bound together with lentil flour, fried until golden and crisp.	
Vegetable Pakora	£2.95
A selection of fresh seasonal vegetables flavoured with spices and green herbs dipped in a light lentil flour batter and fried until golden and crisp.	
Samosa	£2.95
Your choice of vegetable or meat fillings lightly spiced and wrapped in a deep fried filo parcel.	
Chicken/Lamb Purrie	£4.25
Sliced chicken breast marinated and cooked in a spicy sweet and sour sauce.	
Chicken Pakora	£3.75
Lightly spiced strips of chicken breast lightly battered in lentil flour and deep friend until crisp and golden.	
House Starter Selection	£4.50
A small selection of pakora, onion bhaji, minced samosa, chikken tikka and lamb tikka, served with salad.	
Raj Kebab	£4.75
Barbecued cubed chicken or lamb, served on skewers, smothered in a rich creamy sauce with tomato, onion and green pepper.	
Tandoori Monkfish	£5.25
Marinated monkfish cooked in tandoor oven served with salad.	
Tandoori Mix	£4.75

Chef's Recommendations

Kora-Hi Chicken OR Lamb	£7.50
Tender pieces of chicken breast or slices of lamb, green peppers, root ginger, onions and selected spices to create a rich, aromatic and spicy sauce.	
Chicken Jal Jal	£7.50
Chicken breast marinated in tamarind and a sauce consisting of coriander, onions, green peppers and scallions.	
Lamb Pasanda	£7.50
Tender slices of lamb marinated in Assamese herbs, cooked in an almond and cream sauce.	
Lamb Tikka OR Chicken Tikka Bhuna	£7.50
Tender slices of lamb or chicken breast marinated then cooked in the tandoor, shredded and finished in a spicy sauce with onions and tomatoes.	
Lamb OR Chicken Tikka Masala	£7.50
Your choice of meat cooked in pure ghee with ground almonds, tomatoes, fresh cream and saffron. A modern day classic.	
Garlic Chilli Chicken	£7.50
Tender chicken breast combined with garlic, cumin and chilli to create an aromatic and spicy dish.	
Chicken Special	£7.50
Chunks of tender spring chicken breast marinated in Syl-Heti spices and cooked gently with an assortment of tropical fruits.	
Lamb OR Chicken Kashmir	£7.50
Slices of tender lamb OR chicken breast delicately seasoned and spiced combined with fresh banana and cream.	
Sha Hi Korma	£7.50
Barbecued chicken breast spiced, sliced and served in an almond and coconut cream sauce.	
Chicken OR Lamb Jalfrezie (Mild or Hot)	£7.50
Tandoor cooked chicken covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	
Chicken OR Lamb Methi	£7.50
Meat of your choice spiced with cumin, coriander, turmeric and fenugreek to form a rich and delicious sauce.	
Chicken OR Lamb Punjabi Masala	£7.95
Cooked with tomato, onion, green peppers and a mild blend of spices in a creamy sauce.	
Monkfish Balti	£9.95
Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick sauce.	
Chicken OR Lamb Rusonee	£7.50
Cooked with cubed green peppers and garlic cloves into hot sauce with green chilli.	
Chicken OR Lamb Balti	£7.95
Highly spiced with chopped green peppers, onion, green chilli and fresh coriander.	
Murg Methi Malai	£7.50
Barbecued chicken cooked with creamy yoghurt and fenugreek sauce.	
Goan Fish Curry	£9.95
Monkfish cooked with roasted cumin and coriander seeds, whole red chilli and coconut milk.	
Chicken Tikka Makani	£7.50
Very mild and creamy	

From the Tandoor

All meats are first marinated in homemade natural yoghurt, Syl-Heti herbs and spices to maximise taste and tenderness afterwards, cooked in a traditional clay oven, the tandoor and served with a sauce.

Chicken Shaslik	£7.95
Tandoori King Prawns	£8.95
Tandoori Chicken	£7.95
Chicken Tikka	£8.25
Lamb Tikka	£8.25
Mixed Platter	£8.95
Chicken tikka, tandoori chicken, sheek kebab and tandoori prawns together with side salad and coriander.	
Tandoori Monkfish Shaslik	£10.95
Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers served with salad and curry sauce.	

Chicken Dishes

Chicken Curry	£6.50
Chicken Madras	£6.60
Fairly hot.	
Chicken Vindaloo	£6.70
Hotter again.	
Chicken Paal	£6.95
Extremely hot, only for the experienced!	
Chicken Bhuna	£6.95
Chicken breast sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.	
Chicken Dupiaza	£6.95
Pieces of chicken breast cooked with chunky onions and thick sauce.	
Chicken Pathia	£6.95
Pieces of chicken breast in a hot sweet and sour sauce.	
Chicken Dansak	£6.95
Pieces of chicken breast with lentils in our special tangy sweet and sour sauce.	
Chicken Korma	£6.95
Delicately spiced and sliced chicken breast with coconut and almond (Mild).	
Chicken Saag	£6.95
Chicken breast sliced and cooked with spinach, fresh herbs and garlic.	
Chicken Pasanda	£7.50
Chicken breast marinated in Assamese herbs and spices, sliced and cooked in the tandoor, garnished with almonds and coconut cream.	
Chicken Rogan Josh	£6.95
Chicken breast sliced and marinated in our special spice combination and cooked with tomatoes and onions.	

Biriyani Dishes

All of our Biriyani dishes are cooked with specially selected Basmati rice, accompanied with a seasonal mixed vegetable curry sauce.

Bengal Special Biriyani	£9.95
A combination of sliced lamb, chicken breast, prawn and fresh vegetables.	
King Prawn Biriyani	£9.95
Chicken Biriyani	£8.95
Chicken Tikka Biriyani	£8.95
Lamb Biriyani	£8.95
Vegetable Biriyani	£8.50

Lamb Dishes

Lamb Curry	£6.95
Lamb Madras	£7.25
Cooked in hot curry sauce.	
Lamb Vindaloo	£7.25
Hotter again.	
Lamb Paal	£7.25
Extremely hot.	
Lamb Bhuna	£7.25
Tender pieces of lamb sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.	
Lamb Dupiaza	£7.25
Tender pieces of lamb cooked with chunky onion and thick sauce.	
Lamb Pathia	£7.25
Tender pieces of lamb in a tangy hot sweet and sour sauce.	
Lamb Dansak	£7.25
Tender pieces of lamb with lentils in our special sweet and sour sauce.	
Lamb Korma	£7.25
Delicately spiced and sliced tender peices of lamb cooked with almonds and cream.	
Lamb Saag	£7.25
Tender pieces of lamb sliced and cooked with spinach, fresh herbs and garlic.	
Lamb Rogan Josh	£7.25
Tender pieces of lamb sliced and marinated in our special spice combination, cooked with tomatoes and onions.	

King Prawn Dishes

King Prawn Madras	£8.75
King Prawn Korma	£8.75
King Prawn Pathia	£8.75
King Prawn Palak	£8.75
King Prawn Bhuna	£8.75
King Prawn Dansak	£8.75
King Prawn Jalfrezie (mild) (hot)	£8.75
King Prawn Dupiaza	£8.75

Vegetarian Dishes

Vegetable Curry	£6.50
Vegetable Madras (Fairly hot)	£6.50
Vegetable Masala	£6.50
A mixed seasonally fresh vegetables combination cooked in vegetable ghee, ground almonds, tomatoes, fresh cream and saffron, a modern day classic.	
Muttar Panir	£6.50
Homemade cheese with garden peas, stir fried with traditional spices.	
Saag Panir	£6.50
Homemade cheese and spinach stir fried in traditional spices.	
Vegetable Dansak	£6.50
A selection of seasonally fresh vegetables with added lentils in a sweet and sour sauce.	
Vegetable Pathia	£6.50
A selection of seasonally fresh vegetables cooked in hot, sweet and sour sauce.	
Vegetable Dupiaza	£6.50
A selection of seasonally fresh vegetables, chunky onions, cooked in a rich aromatic thick onion sauce.	
Vegetable Jalfrezie (mild) (hot)	£6.50
A selection of seasonally fresh vegetables covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	
Vegetable Korma (mild)	£6.50
Muttar Methi Malai	£6.50
Green peas cooked with creamy yoghurt and fenugreek sauce.	

Side Dishes

Bai Gan Bhajee (aubergine)	£3.50
Aloo Gobi (potato and cauliflower)	£3.50
Vegetable Bhajee (mixed vegetables)	£3.50
Tarka Dall (lentils)	£3.50
Bombay Aloo (potato)	£3.50
Chana Bhajee (chickpeas)	£3.50
Saag Aloo (potato and spinach)	£3.50
Saag Paneer (spinach and homemade cheese)	£3.50
Bhindi Bhajee	£3.50
Mushroom Bhajee	£3.50

Sundries

Boiled Rice	£2.00
Pilau Rice	£2.10
Special Fried Rice	£2.50
Mixed Raitha (yoghurt)	£1.50
Chips	£2.20
Mushroom Rice	£2.50

Homemade Breads

Popadoms (plain or spicy)	£0.50
Onion Salad	£0.75
Dips & Chutneys	£1.75
Plain Nan	£2.10
Cheese Nan	£2.30
Peshwari Nan (sweet)	£2.50
Tandoori Roti	£1.75
Garlic Nan	£2.30
Garlic and Coriander Nan	£2.50
Mango Chutney	£0.95



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Cereals containing gluten, Peanuts, Nuts, Milk, Soya, Mustard,
Eggs, Fish, Sesame Seeds, Celery, Sulphur Dioxide.

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Starters

Chicken Tikka	£3.50
Sliced spring chicken breast marinated in Bengali spices cooked in the traditional tandoor for an authentic char-grilled taste.	
Assorted Vegetable Starter	£3.95
Onion bhajee, pakora and vegetable samosa.	
King Prawn Purrie	£4.75
Lightly seasoned freshwater Malaysian king prawns presented on a crispy pastry base with a traditional sauce.	
Lamb Tikka	£3.95
Sliced tender lamb marinated in Bengali spices, cooked in the traditional tandoor for an authentic char-grilled taste.	
Sheek Kebab	£3.95
Minced lamb delicately spiced with fresh garlic, ginger, mint, corriander and green chillies, grilled in tandoor.	
Tandoori Chicken	£3.95
On the bone spring chicken marinated in yoghurt with herbs and spices, barbecued over flaming charcoal.	
Onion Bhaji	£2.95
Onions flavoured with an array of herbs and spices bound together with lentil flour, fried until golden and crisp.	
Vegetable Pakora	£2.95
A selection of fresh seasonal vegetables flavoured with spices and green herbs dipped in a light lentil flour batter and fried until golden and crisp.	
Samosa	£2.95
Your choice of vegetable or meat fillings lightly spiced and wrapped in a deep fried filo parcel.	
Chicken/Lamb Purrie	£4.25
Sliced chicken breast marinated and cooked in a spicy sweet and sour sauce.	
Chicken Pakora	£3.75
Lightly spiced strips of chicken breast lightly battered in lentil flour and deep friend until crisp and golden.	
House Starter Selection	£4.50
A small selection of pakora, onion bhaji, minced samosa, chikken tikka and lamb tikka, served with salad.	
Raj Kebab	£4.75
Barbecued cubed chicken or lamb, served on skewers, smothered in a rich creamy sauce with tomato, onion and green pepper.	
Tandoori Monkfish	£5.25
Marinated monkfish cooked in tandoor oven served with salad.	
Tandoori Mix	£4.75

Chef's Recommendations

Kora-Hi Chicken OR Lamb	£7.50
Tender pieces of chicken breast or slices of lamb, green peppers, root ginger, onions and selected spices to create a rich, aromatic and spicy sauce.	
Chicken Jal Jal	£7.50
Chicken breast marinated in tamarind and a sauce consisting of coriander, onions, green peppers and scallions.	
Lamb Pasanda	£7.50
Tender slices of lamb marinated in Assamese herbs, cooked in an almond and cream sauce.	
Lamb Tikka OR Chicken Tikka Bhuna	£7.50
Tender slices of lamb or chicken breast marinated then cooked in the tandoor, shredded and finished in a spicy sauce with onions and tomatoes.	
Lamb OR Chicken Tikka Masala	£7.50
Your choice of meat cooked in pure ghee with ground almonds, tomatoes, fresh cream and saffron. A modern day classic.	
Garlic Chilli Chicken	£7.50
Tender chicken breast combined with garlic, cumin and chilli to create an aromatic and spicy dish.	
Chicken Special	£7.50
Chunks of tender spring chicken breast marinated in Syl-Heti spices and cooked gently with an assortment of tropical fruits.	
Lamb OR Chicken Kashmir	£7.50
Slices of tender lamb OR chicken breast delicately seasoned and spiced combined with fresh banana and cream.	
Sha Hi Korma	£7.50
Barbecued chicken breast spiced, sliced and served in an almond and coconut cream sauce.	
Chicken OR Lamb Jalfrezie (Mild or Hot)	£7.50
Tandoor cooked chicken covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	
Chicken OR Lamb Methi	£7.50
Meat of your choice spiced with cumin, coriander, turmeric and fenugreek to form a rich and delicious sauce.	
Chicken OR Lamb Punjabi Masala	£7.95
Cooked with tomato, onion, green peppers and a mild blend of spices in a creamy sauce.	
Monkfish Balti	£9.95
Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick sauce.	
Chicken OR Lamb Rusonee	£7.50
Cooked with cubed green peppers and garlic cloves into hot sauce with green chilli.	
Chicken OR Lamb Balti	£7.95
Highly spiced with chopped green peppers, onion, green chilli and fresh coriander.	
Murg Methi Malai	£7.50
Barbecued chicken cooked with creamy yoghurt and fenugreek sauce.	
Goan Fish Curry	£9.95
Monkfish cooked with roasted cumin and coriander seeds, whole red chilli and coconut milk.	
Chicken Tikka Makani	£7.50
Very mild and creamy	

From the Tandoor

All meats are first marinated in homemade natural yoghurt, Syl-Heti herbs and spices to maximise taste and tenderness afterwards, cooked in a traditional clay oven, the tandoor and served with a sauce.

Chicken Shaslik	£7.95
Tandoori King Prawns	£8.95
Tandoori Chicken	£7.95
Chicken Tikka	£8.25
Lamb Tikka	£8.25
Mixed Platter	£8.95
Chicken tikka, tandoori chicken, sheek kebab and tandoori prawns together with side salad and coriander.	
Tandoori Monkfish Shaslik	£10.95
Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers served with salad and curry sauce.	

Chicken Dishes

Chicken Curry	£6.50
Chicken Madras	£6.60
Fairly hot.	
Chicken Vindaloo	£6.70
Hotter again.	
Chicken Paal	£6.95
Extremely hot, only for the experienced!	
Chicken Bhuna	£6.95
Chicken breast sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.	
Chicken Dupiaza	£6.95
Pieces of chicken breast cooked with chunky onions and thick sauce.	
Chicken Pathia	£6.95
Pieces of chicken breast in a hot sweet and sour sauce.	
Chicken Dansak	£6.95
Pieces of chicken breast with lentils in our special tangy sweet and sour sauce.	
Chicken Korma	£6.95
Delicately spiced and sliced chicken breast with coconut and almond (Mild).	
Chicken Saag	£6.95
Chicken breast sliced and cooked with spinach, fresh herbs and garlic.	
Chicken Pasanda	£7.50
Chicken breast marinated in Assamese herbs and spices, sliced and cooked in the tandoor, garnished with almonds and coconut cream.	
Chicken Rogan Josh	£6.95
Chicken breast sliced and marinated in our special spice combination and cooked with tomatoes and onions.	