

Dupiaza

Pieces of chicken breast, lamb OR king prawn cooked with chunky onions and thick sauce.

Pathia

Pieces of chicken breast, lamb OR king prawn in a hot sweet and sour sauce.

Dansak

Pieces of chicken breast, lamb OR king prawn with lentils in our special tangy sweet and sour sauce.

Korma

Delicately spiced and sliced chicken breast, lamb OR king prawn with coconut and almond (mild).

Saag

Chicken breast, lamb OR king prawn sliced and cooked with spinach, fresh herbs and garlic.

Rogan Josh

Chicken breast, lamb OR king prawn sliced and marinated in our special spice combination and cooked with tomatoes and onions.

Biriyani Dishes

All of our Biriyani dishes are cooked with specially selected Basmati rice, accompanied with a seasonal mixed vegetable curry sauce.

Bengal Special Biriyani £10.95

A combination of sliced lamb, chicken breast, prawn and fresh vegetables.

King Prawn Biriyani £10.95

Chicken Biriyani £9.25

Chicken Tikka Biriyani £9.25

Lamb Biriyani £9.25

Vegetable Biriyani £8.95

Vegetarian Dishes

Vegetable Curry £6.75

Vegetable Madras (Fairly Hot) £6.75

Vegetable Masala £6.75

A mixed seasonally fresh vegetables combination cooked in vegetable ghee, ground almonds, tomatoes, fresh cream and saffron, a modern day classic.

Muttar Panir £6.75

Homemade cheese with garden peas, stir fried in traditional spices.

Saag Panir £6.75

Homemade cheese and spinach stir fried in traditional spices.

Vegetable Dansak £6.75

A selection of seasonally fresh vegetables with added lentils in a sweet and sour sauce.

Vegetable Pathia £6.75

A selection of seasonally fresh vegetables cooked in hot, sweet and sour sauce.

Vegetable Dupiaza £6.75

A selection of seasonally fresh vegetables and chunky onions, cooked in a rich aromatic thick onion sauce.

Vegetable Jalfrezie (Mild or Hot) £6.75

A selection of seasonally fresh vegetables covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.

Vegetable Korma (Mild) £6.75

Muttar Methi Malai £6.75

Green peas cooked with creamy yoghurt and fenugreek sauce.

Side Dishes

Bai Gan Bhajee (aubergine) £3.95

Aloo Gobi (potato and cauliflower) £3.95

Vegetable Bhajee (mixed vegetables) £3.95

Tarka Dall (lentils) £3.95

Bombay Aloo (potato) £3.95

Chana Bhajee (chickpeas) £3.95

Saag Aloo (potato and spinach) £3.95

Saag Paneer (spinach and homemade cheese) £3.95

Bhindi Bhajee £3.95

Mushroom Bhajee £3.95

Sundries

Boiled Rice £2.00

Pilau Rice £2.10

Special Fried Rice £2.50

Mixed Raitha (yoghurt) £1.50

Chips £2.20

Mushroom Rice £2.50

Homemade Breads

Popadoms (plain or spicy) £0.50

Onion Salad £0.75

Dips and Chutneys £1.75

Plain Nan £2.10

Cheese Nan £2.30

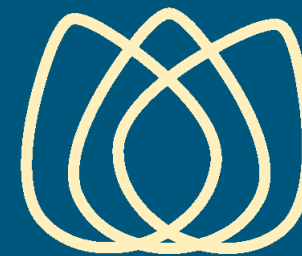
Peshwari Nan (sweet) £2.50

Tandoori Roti £1.75

Garlic Nan £2.30

Garlic and Coriander Nan £2.50

Mango Chutney £0.95



bengal

BRASSERIE

take away menu

Lisburn Road

Collections only

028 9068 2999

Lunch 12.00pm - 1.45pm £6.95 (Mon - Sat)

Pre-Theatre 5.00pm - 7.00pm (Mon - Thurs) Sit In
Two Course £14.95 Three Course £16.95

Orders over £35 receive a complimentary bottle of wine
(while stocks last) (Take Away only) Some dishes may contain nuts

Opening Hours:

Mon - Sat: 12.00pm - 1.45pm & 5.00pm - 11.00pm

Sun: 4.30pm - 10.00pm

322 Lisburn Road, Belfast BT9 6GH

Email: info@bengalbrasserieuk.com

Web: www.bengalbrasserieuk.com

Food allergies and Intolerances information:

Please be advised that food prepared at Bengal may contain the following:

Cereals containing gluten, Peanuts, Nuts, Milk, Soya, Mustard,

Eggs, Fish, Crustaceans, Sesame Seeds, Celery, Sulphur Dioxide

Please inform the Manager on duty of any allergies

Bengal Brasserie

The content of the Lisburn Road menu is a careful combination of the Indian Region's dishes chosen for their amazing flavour and where possible local produce selected for its freshness and quality. All dishes are individually prepared to order. We would be happy to adjust the spice level of any dish on request.

Starters

Chicken Tikka	£3.75
Sliced spring chicken breast marinated in Bengali spices, cooked in the traditional tandoor for an authentic chargrilled taste.	
Assorted Vegetable Starter	£3.95
Onion bhajee, pakora and vegetable samosa.	
King Prawn Purrie	£4.95
Lightly seasoned freshwater Malaysian king prawns presented on a crispy pastry base with a traditional sauce.	
Lamb Tikka	£4.25
Sliced tender lamb marinated in Bengali spices, cooked in the traditional tandoor for an authentic chargrilled taste.	
Sheek Kebab	£3.95
Minced lamb delicately spiced with fresh garlic, ginger, mint, coriander and green chillies, grilled in tandoor.	
Tandoori Chicken	£3.95
On the bone spring chicken marinated in yoghurt with herbs and spices, barbecued over flaming charcoal.	
Onion Bhaji	£2.95
Onions flavoured with an array of herbs and spices bound together with lentil flour, fried until golden and crisp.	
Vegetable Pakora	£2.95
A selection of fresh seasonal vegetables flavoured with spices and green herbs dipped in a light lentil flour batter and fried until golden and crisp.	
Samosa	£2.95
Your choice of vegetable or meat fillings lightly spiced and wrapped in a deep fried filo parcel.	
Chicken / Lamb Purrie	£4.50
Sliced chicken breast marinated and cooked in a spicy sweet and sour sauce.	
Chicken Pakora	£3.95
Lightly spiced strips of chicken breast lightly battered in lentil flour and deep fried until crisp and golden.	
House Starter Selection	£4.75
A small selection of pakora, onion bhaji, minced samosa, chicken tikka and lamb tikka, served with salad.	
Raj Kebab	£4.95
Barbecued cubed chicken or lamb, served on skewers, smothered in a rich creamy sauce with tomato, onion and green pepper.	
Tandoori Monkfish	£5.50
Marinated monkfish cooked in tandoor oven served with salad.	

Tandoori Mix..... **£4.95**

Chef's Recommendations

Kora-Hi Chicken OR Lamb	£7.95
Tender pieces of chicken breast or slices of lamb, green peppers, root ginger, onions and selected spices to create a rich, aromatic and spicy sauce.	
Chicken Jal Jal	£7.50
Chicken breast marinated in tamarind and a sauce consisting of coriander, onions, green peppers and scallions.	
Lamb Pasanda	£7.50
Tender slices of lamb marinated in Assamese herbs, cooked in an almond and cream sauce.	
Lamb Tikka OR Chicken Tikka Bhuna	£7.50
Tender slices of lamb or chicken breast marinated then cooked in the tandoor, shredded and finished in a spicy sauce with onions and tomatoes.	
Lamb OR Chicken Tikka Masala	£7.50
Your choice of meat cooked in pure ghee with ground almonds, tomatoes, fresh cream and saffron. A modern day classic.	
Garlic Chilli Chicken	£7.50
Tender chicken breast combined with garlic, cumin and chilli to create an aromatic and spicy dish.	
Chicken Special	£7.50
Chunks of tender spring chicken breast marinated in Syl-Heti spices and cooked gently with an assortment of tropical fruits.	
Lamb OR Chicken Kashmir	£7.50
Slices of tender lamb OR chicken breast delicately seasoned and spiced combined with fresh banana and cream.	
Sha Hi Korma	£7.50
Barbecued chicken breast spiced, sliced and served in an almond and coconut cream sauce.	
Chicken OR Lamb Jalfrezi (Mild or Hot)	£7.50
Tandoor cooked chicken covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	
Chicken OR Lamb Methi	£7.50
Meat of your choice spiced with cumin, coriander, turmeric and fenugreek to form a rich and delicious sauce.	
Chicken OR Lamb Punjabi Masala	£7.95
Cooked with tomato, onion, green peppers and a mild blend of spices in a creamy sauce.	
Monkfish Balti	£9.95
Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick sauce.	
Chicken OR Lamb Rusonee	£7.50
Cooked with cubed green peppers and garlic cloves into hot sauce with green chilli.	
Chicken OR Lamb Balti	£7.95
Highly spiced with chopped green peppers, onion, green chilli and fresh coriander.	

Murg Methi Malai..... **£7.50**

Barbecued chicken cooked with creamy yoghurt and fenugreek sauce.

Goan Fish Curry..... **£9.95**

Monkfish cooked with roasted cumin and coriander seeds, whole red chilli and coconut milk.

Chicken Tikka Makani..... **£7.50**

Very mild and creamy.

Chicken Pasanda..... **£7.95**

Chicken breast marinated in Assamese herbs and spices, sliced and cooked in the tandoor, garnished with almonds and coconut cream.

From the Tandoor

All meats are first marinated in homemade natural yoghurt, Syl-Heti herbs and spices to maximise taste and tenderness afterwards, cooked in a traditional clay oven, the tandoor and served with a sauce.

Chicken Shaslik..... **£8.50**

Tandoori King Prawns..... **£8.95**

Tandoori Chicken..... **£7.95**

Chicken Tikka..... **£8.95**

Lamb Tikka..... **£8.75**

Mixed Platter..... **£8.95**

Chicken tikka, tandoori chicken, sheek kebab and tandoori prawns together with side salad and coriander.

Tandoori Monkfish Shaslik..... **£10.95**

Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers, served with salad and curry sauce.

All Time Favourites

All of the below classic dishes can be served with the following meats:

Chicken	£6.95
Lamb	£7.75
King Prawn	£8.75

Curry

Madras

Fairly hot.

Vindaloo

Hotter again.

Paal

Extremely hot, only for the experienced!

Bhuna

Chicken breast, lamb OR king prawn sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.