

TASTE STRENGTH

Mild 🌶️

Medium 🌶️🌶️

Hot 🌶️🌶️🌶️

Very Hot 🌶️🌶️🌶️🌶️

Starters

Bengal Tapas (for two to share) 🌶️🌶️ **£11.95**

The chef's selection of chicken, lamb, king prawn & vegetable dishes.

Mixed Vegetable Starter 🌶️ **£5.95**

An assortment of vegetable samosa, vegetable pakora, onion bhaji and side salad.

Tikka 🌶️ **£5.95**

Diced lamb or chicken marinated in bengali spices and cooked in our clay oven.

Onion Bhajee 🌶️ **£4.95**

Onions mixed with dried herbs and lentil flour, deep fried until golden brown.

Samosa 🌶️ **£4.95**

Fresh puff pastry stuffed with fresh vegetables or lamb mince.

Garlic King Prawns **£6.95**

King prawns cooked in garlic butter and fresh herbs.

Sheek Kebab 🌶️🌶️ **£5.95**

Minced meat delicately spiced with fresh garlic, ginger, mint, coriander and green chillies, barbecued in our tandoori oven.

Chicken Pakora 🌶️ **£5.25**

Delicately spiced chicken with garlic and ginger, deep fried in gram flour.

Vegetable Pakora 🌶️ **£4.95**

A selection of fresh seasonal vegetables flavoured with spiced & green herbs dipped in a light lentil flour batter & fried until golden & crisp.

Tandoori King Prawn 🌶️ **£6.95**

Tandoori Monkfish 🌶️ **£6.95**

Marinated Monkfish cooked in tandoori oven.

Tandoori Mix 🌶️ **£6.25**

Bengal's Tandoori prowess in one package. Chicken tikka, Tandoori chicken, Seekh Kebab and Tandoori jumbo prawns together with side salad and coriander and mint chutney.

Chicken, Lamb or King Prawn Purrie 🌶️🌶️ **£5.95**

King Prawn

£1.00 extra

Delicately spiced, cooked with tomato, onion and green peppers, served on a pancake type bread with a touch of tandoori sauce and sugar.

Chicken Raj Kebab 🌶️ **£5.95**

Barbecued chicken, served on skewers, smothered in a rich creamy sauce with tomato, onion and green pepper.

Shamee Kebab 🌶️ **£5.25**

Lamb mince with a blend of herbs and yellow lentils, cooked with aromatic spices and served with mint yoghurt.

Charminar Chatt 🌶️🌶️ **£4.95**

Barbecued chicken, mixed with a unique blend of sweet tamarind sauce and herbs and spices (served cold).

Tandoori Chicken 🌶️🌶️ **£5.25**

Marinated on the bone chicken cooked in tandoor.

Mains

- Jalfrezie (Hot 🌶️🌶️ or creamy 🌶️)** £13.95
Chicken or lamb cooked over charcoal flames, served with fresh chilli, onions, peppers and coriander, cooked in a rich spicy or creamy sauce.
- Garlic Chilli 🌶️🌶️** £13.95
Barbecued chicken or lamb cooked with fresh garlic, coriander and an aromatic spicy sauce.
- Tikka Khazana 🌶️** £13.95
Authentic Bengali spiced poultry, meat and king prawns cooked with diced onions, peppers and root ginger cooked in a medium spiced sauce.
- Chicken Jal-Jal 🌶️🌶️** £13.95
Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato fresh coriander, a dash of worchestershire sauce and a touch of yoghurt.
- Kora-Hi 🌶️🌶️** £13.95
Chicken or lamb cooked in a medium spicy sauce with root ginger, green peppers and onions.
- Stir Fried Chicken Roshnee 🌶️🌶️** £13.95
Cooked with fresh garlic, ginger, onion, green chilli, tomato and curried black bean sauce.
- Lamb Chop 🌶️🌶️** £19.95
Rack of lamb cooked with coriander and mint in our clay oven and served with lightly spiced green masala sauce and mashed potatoes.
- Achari Chicken 🌶️🌶️** £12.95
Chicken cooked in fresh homemade chilli pickle sauce.
- Chicken Tikka Balti 🌶️🌶️** £13.95
Marinated chicken tikka pieces cooked with cubed onion, green peppers, tomatoes and green chillies in a spicy sauce.
- Murgh Makhani 🌶️** £13.95
Boneless Tandoori chicken simmered in a sation smooth tomato gravy and butter.
- Murg Methi Mali (Chef's Recommendation) 🌶️** £13.95
Barbecued chicken cooked with creamy yoghurt and fenugreek sauce.
- Chicken Tikka Chilli Masala 🌶️🌶️🌶️** £12.95
Chicken tikka chopped into small pieces, cooked with a fresh green chilli, onion, green pepper and tomatoes in a dry hot thick sauce garnished with fresh coriander and spring onion.
- Chicken or Lamb Special 🌶️** £12.95
Cooked in a mild sauce with mango and banana.

***If your favourite is not here, please ask your server**

Classics

- Chicken Tikka Masala** 🌶️ **£12.95**
Chicken cooked in a mild sauce with ground almonds and cream.
- Chicken Punjabi Masala** 🌶️ **£12.95**
Succulent chicken pieces cooked with tomato, onion, green pepper and a mild blend of spices in a smooth creamy sauce.
- Lamb Punjabi Masala** 🌶️ **£12.95**
Tender lamb pieces, mildly spiced, cooked with tomato, onion and green pepper in a rich creamy sauce.
- Madras** 🌶️🌶️🌶️ **£11.95**
Chicken or lamb cooked in mixed Indian herbs and spices in a fairly hot sauce
- Dupiaza** 🌶️🌶️ **£11.95**
Chicken or lamb cooked in a rich aromatic onion sauce.
- Pathia** 🌶️🌶️🌶️ **£11.95**
Chicken or lamb cooked in a sweet and sour Persian sauce.
- Chicken Tikka Korma** 🌶️ **£11.95**
Barbecued chicken pieces cooked with mild spices in a fresh cream, coconut and almond sauce.
- Dansak** 🌶️🌶️ **£11.95**
Chicken or lamb with lentils in our chef's special tangy sweet and sour sauce.
- Rogan Josh** 🌶️🌶️ **£11.95**
Chicken or lamb marinated in Indian spices and cooked with tomatoes and onions, topped off with a creamy sauce.
- Vindaloo** 🌶️🌶️🌶️🌶️ **£11.95**
Chicken or lamb cooked in a very hot sauce.
- Korma** 🌶️ **£11.95**
Chicken or lamb delicately cooked in almond and cream sauce.
- Bhuna** 🌶️🌶️ **£11.95**
Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander (thick sauce).
- Curry** 🌶️🌶️ **£11.95**
Cooked in a medium curry sauce

Tikka

- Patia** **£12.95**
- Rogan Josh** **£12.95**
- Bhuna** **£12.95**
- Dupiaza** **£12.95**
- Dansak** **£12.95**

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Fish & Seafood

- Sea Bass** 🌶️ £17.95
Marinated fillets of seabass, pan fried with light spices, served with mash potato, garden mint and sesame seed sauce.
- King Prawn Kora-Hi** 🌶️🌶️ £15.95
Fresh Bengali king prawns cooked with diced onion and topped with homemade spicy sauce.
- King Prawn Jalfrezie (Hot 🌶️🌶️ or creamy 🌶️)** £15.95
King prawn cooked over charcoal flames, served with fresh chilli, onions, peppers and coriander, cooked in a rich spicy or creamy sauce.
- Monkfish Jalfrezie (Hot 🌶️🌶️ or creamy 🌶️)** £16.95
Monkfish cooked over a charcoal flame in a rich spicy garlic and ginger creamy or hot sauce with sliced onions and peppers.
- King Prawn Palok** 🌶️🌶️ £15.95
King prawn simmered in spinach with mixed herbs and spices.
- King Prawn Rogan Josh** 🌶️ £14.95
King Prawn cooked in our special spice combination and cooked with tomatoes and onions and topped with tomato and creamy sauce.
- King Prawn Dansak** 🌶️🌶️ £14.95
King prawn cooked with lentils in our special tangy sweet and sour sauce.
- Monkfish Balti** £16.95
Marinated Monkfish cooked with cubed onions, green peppers, tomatoes and green chillies in a spicy sauce.
- Chargrilled Salmon** 🌶️ £16.95
Marinated fillets of salmon, pan fried with light spices.
- Tandoori King Prawn Balti** 🌶️🌶️ £16.95
Marinated king prawns cooked with cubed onions, green peppers, tomatoes and green chillies in a spicy sauce.
- Goan Fish Curry** 🌶️🌶️ £16.95
Monkfish cooked with roasted cumin and coriander seeds, whole red chilli and coconut milk.
- Prawn Methi Mali** 🌶️ £15.95
Jumbo prawns cooked in coconut milk and aromatic sweet spices and fenugreek sauce.

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Vegetarian

- Vegetable Masala** 🌶️ £10.50
Seasonal vegetables cooked in mixed spices and served in a mild sauce.
- Vegetable Jalfrezie (Hot 🌶️🌶️🌶️ or creamy 🌶️)** £9.50
Fresh seasonal vegetables cooked in a rich spicy garlic and ginger sauce, served with freshly sliced onions, peppers and chillies.
- Nav-Rattan Korma** 🌶️ £9.50
Fresh seasonal vegetables cooked with tropical fruits to form a delightfully light and tasty sauce. Cherry and fruit cocktail.
- Muttar Paneer** 🌶️🌶️ £9.50
Homemade Indian cheese cooked with green peas and selected Bengali spices.
- Palok Paneer** 🌶️🌶️ £9.50
Homemade Indian cheese cooked with spinach and garlic.
- Vegetable Jal-Jal** 🌶️🌶️ £9.50
Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, fresh coriander, a dash of worchestershire sauce and a touch of yoghurt.
- Garlic Chilli Vegetables** 🌶️🌶️ £9.50
Cooked with cubed green peppers, onions and tomato in a hot garlic and chilli curry sauce.
- Vegetable Korma** 🌶️ £9.50
Fresh vegetables cooked with coconut, almond and fresh cream.
- Vegetable Rogan Josh** 🌶️🌶️ £9.50
Cooked with mixed Indian spices, tomatoes, green peppers, onions and herbs, topped with a creamy sauce (mild).
- Vegetable Dansak** 🌶️🌶️ £9.50
Cooked with lentils and pineapple and a touch of sweet and sour sauce.
- Adrak Alo Gobi** 🌶️🌶️ £9.50
Potatoes and cauliflower with Chef's special spices.
- Vegetable Bhuna** 🌶️🌶️ £9.50
Cooked with a blend of spices with tomato, onion green pepper and fresh coriander (thick sauce).

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Biryani

King Prawn Biryani 🍴🍴

£15.95

Fresh water king prawns cooked with selected herbs and spices and Basmati rice served with a vegetable sauce.

Lamb / Chicken Biryani 🍴🍴

Chicken £13.95

Lamb £14.95

Diced lamb or chicken cooked with selected herbs and spices and Basmati Rice, served with a vegetable sauce.

Vegetable Biryani 🍴🍴

£12.95

Seasonally fresh vegetables cooked with selected herbs and spices and Basmati rice served with a vegetable sauce.

Bengal Special Biryani 🍴🍴

£15.95

King prawn, diced chicken and lamb cooked with selected herbs and spices and Basmati rice served with a vegetable sauce.

Tandoori

Monkfish Shashlick 🍴🍴

£16.95

Moist monkfish marinated in light spices and cooked in the tandoori oven with onion, tomatoes and green peppers, served with salad and curry sauce.

Mixed Shashlick 🍴🍴

£16.95

A selection of lamb tikka, chicken tikka and tandoori king prawn chargrilled and served with a choice of sauce.

Chicken Tikka 🍴🍴

£13.95

Marinated succulent chicken pieces, freshly cooked in a tandoori oven.

Tandoori King Prawn 🍴🍴

£15.95

King Prawns soaked in herbs and spices, barbecued in a tandoori oven (dry).

Murghi Shashlick 🍴🍴

£14.95

Diced spring chicken marinated and cooked over charcoal with onion, tomato, mushroom and capsicum.

Tandoori Chicken 🍴🍴

£13.95

Spring chicken (on the bone) marinated in yoghurt with delicate herbs and spices, barbecued over flaming charcoal.

Seek Kebab 🍴🍴

£13.95

Minced lamb pungently spiced with fresh garlic, ginger, mint, coriander and green chillies, grilled in tandoor.

Murg Mali Kebab 🍴🍴

£13.95

Chicken fillet marinated with yoghurt, cheese and cream, spiced with green cardamon and grilled in clay oven.

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Rice

Pilau Rice	£2.50
Boiled Rice	£2.20
Chana Rice	£2.95
Egg Fried Rice	£2.95
Mushroom Rice	£2.95

Bread

Plain Nan	£2.50
Garlic Nan	£2.75
Keema Nan	£2.95
Peshwari Nan	£2.95
Chilli and Coriander Nan	£2.95
Cheese Nan	£2.95
Tandoori Roti	£1.95
Kulcha Nan (onion)	£2.95
Kashmiri Nan (stuffed with fruit)	£2.95
Parta	£2.95
Pudina Parta (mint)	£3.20
Aloo Parta	£3.20

Sundries

Popdom	65p
Chips	£2.20
Mango Chutney	95p
Mix Pickle	95p
Raita	£1.95
Mint Sauce	65p

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European Selection

10oz Sirloin Steak

£19.95

Served with pepper sauce, chips, mushrooms and onions.

Honey Glazed Chicken

£14.95

Served with salad and chips.

Kids

Chicken nuggets with chips

£7.95

Chicken Strips with chips

£7.95

Chicken Tikka Masala with rice

£7.95

Chicken Korma with rice

£7.95

Chicken curry with rice

£7.95

Sides

Bombay Aloo (spiced potato) 🌶️

£4.95

Brinjal Bhaji (aubergine) 🌶️

£4.95

Tarka Dall (lentils) 🌶️

£4.95

Aloo Gobi (potato and cauliflower) 🌶️

£4.95

Bhindi Bhaji (okra) 🌶️

£4.95

Palok Paneer (cheese and spinach) 🌶️

£4.95

Chana Masala (chickpeas) 🌶️

£4.95

Saag Aloo (spinach and potato) 🌶️

£4.95

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